

APRIL 2024

In This Issue

- Volunteer Call
- 2024 Events Calendar
- Dogfish Head Benevolence
- Park Updates
- Membership Renewal Reminder
- FOCHSP Trail Days
- Park Puzzle
- Membership Meeting Review
- Do-More-24 DE Review
- Annual Flea Market Review
- Get to Know Our Members
- Running Event Review
- FOCHSP Contributions
- Puzzle Answers



CONTACTS

PO Box 132, Nassau, DE 19958

friendsofcapehenlopen.org

Follow us on [facebook](https://www.facebook.com/fochsp)

fochsp@gmail.com

302-858-6127

The Bike Barn IS OPEN

↓ Click-the-Link ↓

[Borrow-a-Bike](#)

*for Details &
New Winter Hours*

CALLING ALL VOLUNTEERS!

As you may have heard our next grand fundraising event is on the 13th of April: our Annual Wine, Beer & Cheese Tastings in the Park. We need your help to make this into another wonderful FRIENDS occasions. Remember, if you volunteer to help you are eligible to purchase a ticket on event day, for just \$10.00. You would work for 2 hrs. of the event and sample for 1 hour.

The hours are as follows: WORK 3 PM - 5 PM TASTE 5 PM - 6 PM
 WORK 5 PM - 7 PM TASTE 4 PM - 5 PM

We need: **Kitchen Help:** putting appetizers together and onto trays

Servers: doing exactly that, serving appetizers

Runners: emptying trash (wine bottles) and dumping buckets containing discarded wine

To Help eMail Polly White at womo99@gmail.com OR
 Leave Polly White a message at 302-8586127

➤ **2024 Events Calendar** ◀

- **Cape Henlopen Trail Days:** Second Saturday Monthly
(THIS MONTH'S MEET ➤ April 13th 8:45 AM at the Seaside Nature Center parking lot)
- **Wine, Beer & Cheese Tasting:** April 13th 4 PM to 6 PM at Officer's Club
- **2024 Earth Day:** April 22nd Meeting Time & Place To-Be-Determined
- **National Trails Day:** June 1st 9 AM to Noon at the Hawk Watch pavilion
- **Youth Fishing Tournament:** September 7th (Rain Date Sep. 8th) CHSP Fishing Pier 8 to 11 AM
- **Chocolate Tasting:** September 7th 1 PM to 4 PM at Officer's Club
- **Coastal Clean Up:** September 21st 9 AM to Noon Meeting Time & Place To-Be-Determined
- **Hawk Watch:** Every day September 1 to November 30 (Hawk Watch Pavilion Lot)
- **Birdseed Sale:** Order by September 30th / Pick Up on Oct 19th at Park Maintenance Garage
- **Holiday Boutique & Book Sale:** November 16th 9 AM to 2 PM at Officer's Club

PLEASE NOTE: Park Entrance Fees are in Effect March 1 to November 30

Save-the-Date

Dogfish Head Benevolence Nights

Once again Dogfish Head has chosen FOCHSP as one of its Benevolence Night participants. This year is especially great as they are featuring The Friends TWICE! Come on out to Dogfish Head Brewings & Eats in Rehoboth Beach on Wednesday, April 3rd AND/or April 17th from 4 PM to 9 PM. A percentage of your purchases will support The Friends in our work to make CHSP a great place to visit.



Park Updates

- Construction on the main beach boardwalk continues until the end of April.

2024 Membership Renewal Available TODAY!

Just wanted to remind our members that there is still time to renew your membership with the Friends of Cape Henlopen State Park. Please renew by using the link below. If you are a new member that joined after July 2023, don't worry your membership is good until the end of 2024. We appreciate your support and cannot accomplish what we've got planned without your help.

Jeff Underwood- President- Friends of Cape Henlopen State Park

[Membership RENEWAL](#)

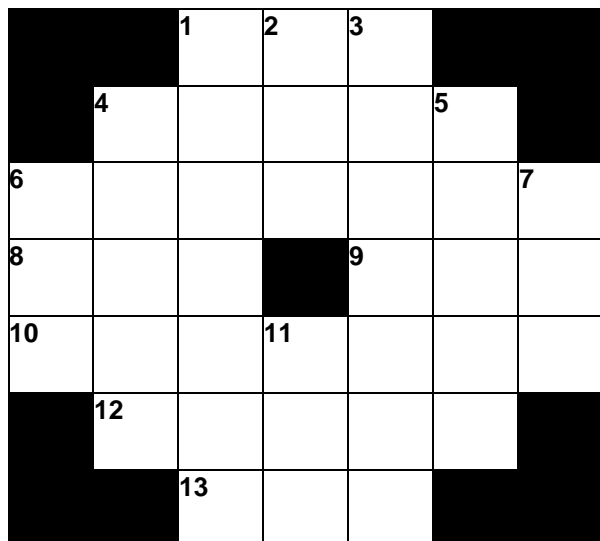
FOCHSP Trail Days

March 3, 2024

The Friends of Cape Henlopen State Park were not deterred by Saturday's rain. We rescheduled our monthly trails day for Sunday and still had 37 volunteers. Our volunteers had a choice of three areas to clean up. Trails Day leaders, Fran, Gavin and Barry took volunteers on the beach from Herring Point to Rehoboth, the Gordons Pond Trail to the wayside or along Dune Road and returning on the beach from Navy Crossing. In total, 125 lbs. of trash was collected including a broken ukulele.



PARK PUZZLE by Carl Frey



Across		Down	
1	Cape Henlopen camp bed	1	Not be true to
4	Lamb Chop puppeteer Lewis	2	Quaker grain
6	Assembly of the Board	3	Watch your step hiking or you may ___ fall
8	Vague schedule listing	4	Catholic University in N.J. & home of the Pirates: '___ Hall'
9	Chicken dish w/peanuts & chili peppers: 'Kung ___'	5	Just plain silly
10	Sole hazard on a summer beach	6	Just plain uninspiring
12	Herman's Hermit Peter ___	7	Thor or Odin
13	'Go ahead' head motion	11	Lake Superior ship passageway: '___ Locks'

The Friends of Cape Henlopen State Park (FOCHSP) is a non-profit 501(c)(3) volunteer organization that works with the Delaware Division of Parks and Recreation, and staff, to support and advocate for one of the county's most unique public parks. Join now!

FOCHSP Annual Membership Meeting Review

March 9, 2024

Thank you to all those who attended our member meeting this year. We had over 100 attendees that were provided a review of 2023 accomplishments as well as a look at what's in store for '24 by past president John Bracco and Treasurer Bob Callahan. The Board of Directors welcomed our newly elected members, Mary Jane (MJ) Candaux, Suzanne Langwell & Karen Underwood as well as those board members returning for another two years: Bob Callahan, Dean Johnson & VP Polly White. We are, of course, sorry to see three dedicated board members leaving, John Bracco (President), Ian Friedland (Bike Barn Coordinator) and Rich Suszko (Merchandising Coordinator) but we're sure they will not be going far from Friends and our activities. The meeting was rounded out with Sean Cain (Assistant Park Supervisor) offering a review of park activities and guest speaker Gary Liska discussing monarch butterflies, their lives, migration and how we all can help them survive. Those that missed the meeting can view the presentations by visiting our web site Click-the-Link → [FOCHSP 2024 Meeting](#)



Crowd



Past Pres. John Bracco



Asst. Park Supervisor Sean Cain



Guest Speaker Gary Liska



L-R Past Pres. John Bracco, New Pres. Jeff Underwood & Tres. Bob Callahan



Tres. Bob Callahan

The Friends of Cape Henlopen State Park (FOCHSP) is a non-profit 501(c)(3) volunteer organization that works with the Delaware Division of Parks and Recreation, and staff, to support and advocate for one of the county's most unique public parks. Join now!

Fund Raising Opportunity Review

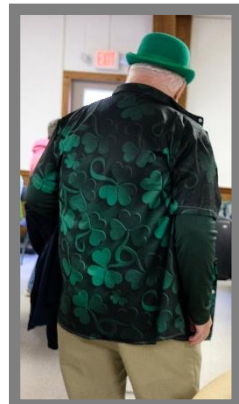
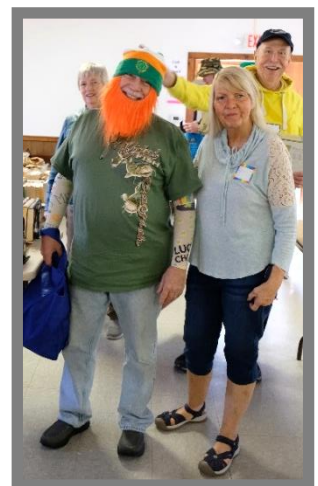
March 7th & 8th, 2024

Thanks to all those who participated in our first for into the DO MORE DELAWARE campaign. Your efforts raised more than \$3,000 for the Friends.

FOCHSP Annual Indoor Flea Market

March 16, 2024

Thanks to all our members, volunteers, and attendees for making the 20th Annual FOCHSP Flea Market such a grand success. We had 97 volunteers who logged in 457 hrs. for the 3 days including setup, merchandise arrival, pricing and tear-down. More than forty tables were filled with treasures allowing over 700 visitors to enjoy a beautiful day at the park while finding those must have bargains. One lucky couple even purchased the hand made canoe that was displayed at the entrance. The 50/50 winner was also quite ecstatic.

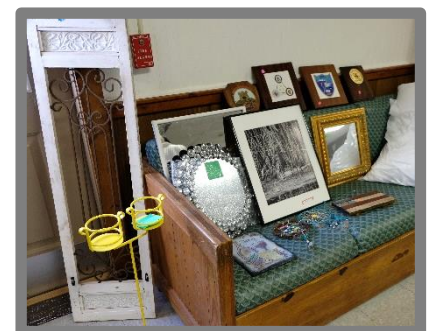


The Friends of Cape Henlopen State Park (FOCHSP) is a non-profit 501(c)(3) volunteer organization that works with the Delaware Division of Parks and Recreation, and staff, to support and advocate for one of the county's most unique public parks. Join now!

FOCHSP Annual Indoor Flea Market cont.



50/50 Winner Dan



The Friends of Cape Henlopen State Park (FOCHSP) is a non-profit 501(c)(3) volunteer organization that works with the Delaware Division of Parks and Recreation, and staff, to support and advocate for one of the county's most unique public parks. Join now!

Wine, Beer, & Cheese Tastings in the Park



Saturday, April 13th, 2024

4:00pm - 6:00pm

The Officers' Club

Cape Henlopen State Park



Tickets: \$27 in Advance*

Tickets: \$30 at the Door

*includes Park Admission

TICKETS AVAILABLE AT:

R&L Liquors, 2nd.St. Lewes 9am - 10pm

Cape Henlopen State Park Office 9am - 4pm

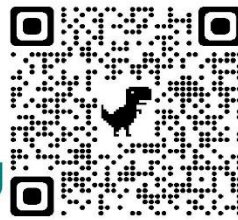
Lewes Chamber of Commerce 10am - 4pm

Craft Beers & Wines provided by selected distributors. Cheeses by local vendors



< Sponsored by >

www.friendsofcapehenlopen.org



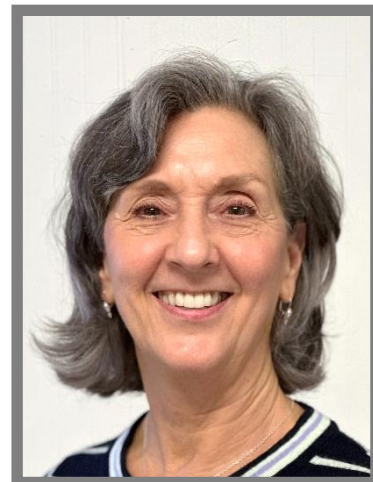
207 Second Street
Historic Lewes
302.645.9183
M-Th. 9 to 10
F-Sat. 9 to 11
Sun. 12 to 5

R&L
LIQUORS

WINES
BEERS
SPIRITS

Get to Know Our Members – Karen Underwood

Karen Underwood was born in Annapolis, MD but was raised about 17 miles away in Odenton, MD. Her career included various administrative roles within the Maryland state government followed by 25 years within academia at Amherst College and George Mason University. After retiring Karen and her husband Jeff decided a move to Delaware was appropriate since it put them midway between their two families. Jeff grew up in northern Delaware. So in July of 2021 they made it official becoming residents of the first state. Jeff had frequented Cape Henlopen State Park as a child and his fond memories of the park became the impetus for them both to get involved in the Friends volunteer activities. Karen has volunteered at trail & beach cleanups, the Wine, Beer & Cheese Tasting in the Park, and last year's Holiday Boutique & Book Fair. She has greatly enjoyed meeting so many wonderful, dedicated people who love CHSP and want to do their part in preserving this Sussex County treasure. Karen loves the freedom she feels riding her bike, walking the trails or enjoying the beach even though she has to admit seeing all the wildlife around Gordons Pond is an unbelievable plus. In fact, her fondest memory of the park is seeing over 12 blue herons in one location during a walk on a beautiful winter day this year. It was an awesome sight.



Save-the-Date: Earth Day Monday April 22nd 2024

Come on out and join the FRIENDS as we give back to Lewes by cleaning along and around Cape Henlopen Drive. We'll be meeting 8:45 AM at the Whiskey Beach parking lot located at Cape Henlopen Drive and Georgia Ave. Please dress for a cleanup. Gloves, hats, and comfortable, closed toed shoes are all smart choices. Make sure to bring a bag for trash collection.

Seashore Striders Shamrock Shuffle March 17, 2024

Sunday, March 17th brought both good weather and a large number of runners who took part in the Seashore Striders Shamrock Shuffle 5K and 10-mile races throughout the park. Sixteen Friends volunteers helped staff three water stops and three Course Marshal locations along the racecourse, accounting for 50.5 hours of volunteer time. One of our volunteers (our new President, Jeff Underwood) was appropriately dressed for the event.



FOCHSP Contributions- Thatcher Education Fund March 2024

The Friends board approved one Thatcher Grant request.
- \$1,000 to Milton Elementary School for 87 Kindergarteners attending a Seashore Safari in May.

Park Puzzle Answers

		C	O	T		
	S	H	A	R	I	
M	E	E	T	I	N	G
E	T	A		P	A	O
H	O	T	S	A	N	D
	N	O	O	N	E	
		N	O	D		