

# Friends of Cape Henlopen State Park

# newsletter

**JULY 2024**

## In This Issue

- 2024 Events Calendar
- Bike Barn News
- VOLUNTEERS NEEDED
- Park Puzzle
- Get to Know Our Members
- FOCHSP Notifications
- FOCHSP National Trails Day
- Puzzle Answers



## CONTACTS

PO Box 132, Nassau, DE 19958

[friendsofcapehenlopen.org](http://friendsofcapehenlopen.org)

Follow us on [facebook](#)

[fochsp@gmail.com](mailto:fochsp@gmail.com)

302-858-6127

## The Bike Barn IS OPEN

for Details & Latest Hours

↓ Click-the-Link ↓

[Borrow-a-Bike](#)

## ➤ 2024 Events Calendar ◀

- Cape Henlopen Trail Days: *USUALLY* Second Saturday Monthly  
(THIS MONTH'S MEET ► July 13<sup>th</sup> **8:00 AM** at the North end of the Main Beach Parking Lot)
- Youth Fishing Tournament: September 7<sup>th</sup> (Rain Date Sep. 8<sup>th</sup>) CHSP Fishing Pier 8 to 11 AM
- Chocolate Tasting: September 7<sup>th</sup> 1 PM to 4 PM (or 'til the chocolate runs out!) **venue TBD**
- Coastal Clean Up: **September 14<sup>th</sup>** 9 AM to Noon Meeting Place **To-Be-Determined**
- Hawk Watch: Every day September 1 to November 30 (Hawk Watch Pavilion Lot)
- Birdseed Sale: Order by September 30<sup>th</sup> / Pick Up on Oct 19<sup>th</sup> at Park Maintenance Garage
- Holiday Boutique & Book Fair: November 16<sup>th</sup> 9 AM to 2 PM **venue To-Be-Determined**

**PLEASE NOTE: Park Entrance Fees are in Effect March 1 to November 30**

## FOCHSP Bike Barn News

### June 2024

The Friends are happy to announce that the Bike Barn now has two adult tricycles in it's stable. These are a great addition and will be used to help balance challenged adults take advantage of this amazing program.



# You are Needed!

## New FOCHSP Committees

The FOCHSP Board of Directors has identified a need and has created several committees with a focus on Park and FOCHSP priority activities, tasks, and projects. Each committee is to be composed of FOCHSP members with relevant skills and interests. We are asking you to share your skills or interests to ensure the success of the committees. Participating on a committee brings invaluable diversity of expertise while providing fresh perspectives and creative ideas, enhancing our ability to creatively address the Park's and FOCHSP's needs.

Being part of a committee does not take much time. Each committee has a purpose, and meetings are scheduled/managed by the 3-5 individuals that make up the committee. **Please consider this opportunity. We need you** and look forward to hearing from you. **Please reply to me (see email address below) by the end of July with the committee that interests you and the best email to contact you.**

### Beach Committee:

- Our current team includes 2 volunteers who look after the Whisky Beach area by Gordons Pond. We would like to expand the areas being "looked-after" to include the bay side beach area, the main beach and the beach around Herring Point.
- **NEED at least one person for each area would be nice but two for each would be better**

### Events/Fund Raising Committee:

- The Events/Fund Raising Committee will organize, oversee and participate in our current fund raising events, such as our annual flea market, as well as investigate new fund raising opportunities
- **NEED 4 – 5 volunteers**

### Finance Committee:

The Finance Committee will oversee budgeting, accounting and finances. It reports findings and recommendations to the board of directors. Current topics include the 2025 budget, investment policies, succession planning, and the grant approval process.

- **NEED 3 – 4 volunteers**

### Grants Committee:

- The FOCHSP Grants Committee is dedicated to enhancing educational opportunities for youth and supporting the development and maintenance of our park. Through grant research, proposal development, and effective acquisition of funding, the FOCHSP supports developing our youth through environmental education opportunities and assisting in the protection and management of Cape Henlopen State Park natural resources and its facilities.
- **NEED 3 – 5 volunteers**

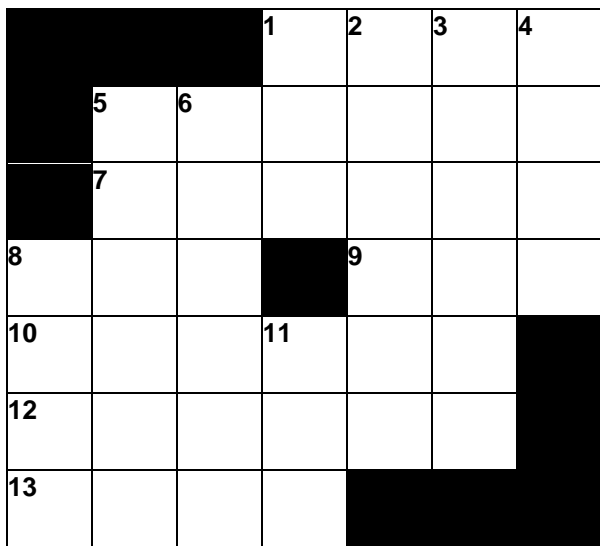
### Communications Committee:

- Our current team includes 5 volunteers who provide social media, web site and newsletter communications to the membership. We would like to enhance these areas and expand our outreach in additional ways such as advertising, public relations as well as endorsements and partnerships.
- **NEED 1 – 3 additional volunteers**

## INTERESTED?

Email- [fochsp.president@gmail.com](mailto:fochsp.president@gmail.com)

**PARK PUZZLE** by Carl Frey



| Across |   | Down |  |
|--------|---|------|--|
| 1      | Scissorhands portrayer                                | 1    | URL punctuation  |
| 5      | July 4 event in Lewes (with 3 DOWN)                   | 2    | The 'Wizard of Menlo Park'                                 |
| 7      | Whole, complete                                       | 3    | See 5 ACROSS   |
| 8      | Gibbon or chimp                                       | 4    | Message for Wordlers succeeding on the 6 <sup>th</sup> try |
| 9      | Tool used during Cape Henlopen State Park Trails Days | 5    | Kick out of office   |
| 10     | "__ deed goes unpunished."                            | 6    | Where hens often sit                                       |
| 12     | B.B. lament: "The Thrill _____"                       | 8    | "Gee it's chilly, definitely __ in the air."               |
| 13     | Tijauna dinero  | 11   | Some tic tac toe winners                                   |

**Get to Know Our Members – Julie Callahan**

Julie Callahan was born and raised in Otego, New York. Her first job was working for a small business greenhouse and produce grower. Later the military called Julie where her service was appreciated, and she is now a proud Army veteran. She is a retired accountant and CPA and has worked for NASA, DEA as well as the Pension Benefit Guaranty Corporation. During the last eight years of her career, she evaluated internal controls for the United States Agency for International Development which took her all around the world including Africa, Asia, and South America. Julie and her husband Bob both wanted to retire near the beach. He has fond childhood memories of Cape May, and growing up in Upstate NY, going to the ocean was a special experience for her. They've been coming to Delaware part time in since 2015 and became full time residents in 2020. Once here, Bob, a former bike shop owner, heard about the Bike Barn Program and immediately wanted to join. Julie loves nature, so they both joined Friends in 2021. She has since also trained to be a Delaware Master Naturalist. This experience allowed her to help plan and install the native plant garden that was created in front of the Seaside Nature Center last year. Julie continues to maintain the plants and cut the grass there. For the last three years she created and maintained the flower planters at the park and the campground entrances. Since 2023 Julie's been working to plan a monarch garden next to the Biden Center. Julie has also helped with the horseshoe crab counts, trails day cleanups, and invasive black pine removal. It would be hard not to see that she loves working with fellow plant enthusiasts to plan, create, and maintain the native plant gardens at the park. It also makes sense that Julie's favorite place in the park, so far, is the native plant garden, but once the monarch garden gets going, she thinks IT will be her new favorite place.



**FOCHSP Notifications  
June 2024**

The Friends board wishes to thank Miguel Garces for agreeing to become our new secretary. You may know Miguel as our resident disk golf coordinator. Welcome Miguel.

# FOCHSP National Trail Days

## June 1, 2024

The FOCHSP held their annual National Trails Day event and cleaned all the bay and ocean beaches in Cape Henlopen State Park. There were 102 participants who provided a total of 296.75 volunteer hours while collecting about 100 lbs. of trash. The Friends were joined by the Zwaanendael Women's Club, the Preserve Our Park Coalition and Camp Rehoboth. Our volunteers were later rewarded with a delicious BBQ lunch provided by the Rehoboth Village Improvement Association.



Jeff Underwood  
FOCHSP President



Rehoboth Village Improvement Association

### Park Puzzle Answers

|   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|
|   |   |   | D | E | P | P |
|   | D | O | O | D | A | H |
|   | E | N | T | I | R | E |
| A | P | E |   | S | A | W |
| N | O | G | O | O | D |   |
| I | S | G | O | N | E |   |
| P | E | S | O |   |   |   |

The Friends of Cape Henlopen State Park (FOCHSP) is a non-profit 501(c)(3) volunteer organization that works with the Delaware Division of Parks and Recreation, and staff, to support and advocate for one of the county's most unique public parks. Join now!